# Doctrine of The Living Sacrament Church

A Sacred Community for Spiritual Awakening and Healing Through Entheogenic Sacrament

## 1. Name and Purpose

The Living Sacrament Church is a spiritual and religious organization dedicated to the awakening of consciousness, healing of the soul, and connection with the Divine through sacred communion with nature's entheogenic sacraments—specifically psilocybin-containing mushrooms.

Our purpose is to foster a safe, intentional, and spiritually integrated environment for personal and collective transformation.

## 2. Core Beliefs

We hold the following as sacred truths:

- Mushrooms are a Divine Sacrament: Psilocybin mushrooms are not drugs, but sacred teachers gifted by the Creator. They are living vessels of wisdom, healing, and spiritual revelation.
- The Divine is Within and All Around: We believe that divinity resides within all beings and can be experienced directly through deep introspection, reverence, and connection with natural sacraments.
- Healing is Sacred Work: Emotional, spiritual, and psychological healing is a central religious practice. We are called to help one another return to wholeness through ceremonial healing.
- Community is the Temple: Sacred communion is strengthened in trusted, compassionate community. We gather in ceremony, meditation, and mutual support to honor our shared journey.
- Integration is Worship: Insight from sacramental journeys must be honored through daily living, mindfulness, and service to others. Integration is a form of prayer.

### 3. The Role of the Sacrament

We believe psilocybin mushrooms are:

- Sacred sacraments that allow safe access to non-ordinary states of consciousness
- Catalysts for communion with the Divine, ancestral remembrance, and self-inquiry
- Instruments for the transformation of trauma, addiction, depression, and spiritual disconnection

Church members may engage with the sacrament in any setting that is safe, intentional, and spiritually guided, whether alone in prayer, with a trusted companion, or in a facilitated group context. While communal ceremony is encouraged, sacred use is not limited to group environments.

#### 4. Ceremonial and Personal Practice

The Living Sacrament supports multiple forms of sacramental practice, including:

- Guided communal ceremonies led by ordained clergy

- Individual sacramental sessions conducted in spiritually prepared environments
- Integration practices such as journaling, meditation, art, and service to reinforce spiritual lessons

Members are encouraged to follow spiritual preparation, ethical guidelines, and integration practices regardless of the setting in which they commune with the sacrament.

# 5. Membership and Ethics

To join the The Living Sacrament Church, individuals must:

- Affirm the spiritual nature of psilocybin as sacrament
- Pledge to uphold the Church's values of honesty, respect, service, and non-violence
- Participate in required orientation and spiritual education sessions
- Refrain from misuse, overuse, or any unsafe behavior involving the sacrament

We reject all forms of commercial exploitation, coercion, or recreational abuse of sacred mushrooms.

# 6. Clergy and Leadership

Our ordained clergy are spiritual guides trained in:

- Entheogenic ceremony facilitation
- Trauma-informed care
- Spiritual counseling and integration
- Ethics and harm reduction

Clergy lead with humility, service, and spiritual accountability. Ongoing education and ethical oversight are integral to our leadership.

# 7. Religious Freedom and Legal Standing

We assert our right to religious freedom under:

- The Religious Freedom Restoration Act (RFRA)
- The First Amendment to the U.S. Constitution
- The D.C. Human Rights Act and Home Rule Charter

Our sacramental use of psilocybin is a protected religious expression rooted in sincerity, structure, and reverence.

## 8. Final Affirmation

We, the community of The Living Sacrament Church, affirm our sacred responsibility to:

- Treat the mushroom sacrament with utmost respect
- Serve our community through love, healing, and sacred ceremony
- Walk a path of spiritual discipline, integration, and divine service

This is our faith. This is our sacrament. This is our way.